



**BUJINKAN NINJUTSU**  
**SUNSHINE COAST WARRIORS**  
**MARTIAL ARTS**

**DISCOVER SELF AWARENESS THROUGH COMBAT & PHILOSOPHY, STUDY, LEARN, GROW.**

STARTING FROM THE VERY BASICS (5 ELEMENTS) OF WHAT MAKES THIS ART SPECIAL, THESE SOCIAL CLASSES WILL TAKE YOU THROUGH THE PRINCIPLES OF WHY THE NINJA OBTAINED THESE DYNAMIC FUNDAMENTAL BELIEFS AND SKILLS...THE ORIGINS OF BUJINKAN NINJUTSU STEM AS FAR BACK AS THE EARLY 12TH CENTURY MEDIEVAL JAPAN. THIS CLASSICAL KOBUDO-NINPO STUDY HAS DEVELOPED WITH EACH GENERATION, ADAPTING TO THE LANDSCAPE, CIRCUMSTANCE AND TECHNOLOGY.

AT THE SUNSHINE COAST WARRIOR DOJOS, OUR AIM IS TO PRESERVE THE ESSENCE OF THESE VALUABLE 9 CLASSICAL SCHOOLS. AS THE STUDY OF THESE LIVING ARTS BECOME EVER MORE POPULAR, PEOPLE ARE MORE INTERESTED IN NOT JUST PROTECTING THEMSELVES, BUT TO ACHIEVE AND BUILD PERSONAL CONFIDENCE. THIS IMPROVES AND TESTS THEIR AGILITY, FITNESS AND COMPETENCE THROUGH SIMPLE ANTI-BULLYING SURVIVAL TECHNIQUES..

THE BUJINKAN DOJO'S WAS ORGANIZED IN THE EARLY 1970'S BY DR MASAOKI HATSUMI (SOKE GRAND MASTER).THE BUJINKAN BUDO TAIJUTSU SYSTEM EMPHASIZES NATURAL AND RELAXED BODY MOVEMENT. THIS MARTIAL ART IS TAUGHT WITHIN THE CLASSICAL CONTEXT AS WELL AS A MODERN TWIST. THE SUBTLE DESTRUCTION OF THE ATTACKERS BALANCE AND RHYTHM IS THE PRIMARY FOCUS OF THE BUJINKAN WARRIOR, THROUGH PROPER CONTROL OF DISTANCE & TIMING. THESE PRINCIPLES ALLOW EVEN SMALLER PERSONS OF MOST AGES TO OVERCOME LARGER AND MORE POWERFUL OPPONENTS.

THESE CALISTHENICS WILL AWAKEN AWARENESS TO THE "WHOLE BODY FEELING" FOR A ZEN MIND;

- TRAINING INCORPORATES UNARMED GRAPPLING (JUTAIJUTSU),;
- STRIKING, BLOCKING, KICKING (DAKENTAIJUTSU),
- THROWING SKILLS AND BODY CONDITIONING. (TAIHENJUTSU) – BODY MOVEMENT
- ROLLING, LEAPING, BREAKFALLS & (KENKO UNDO) – FITNESS AND CONDITIONING
- WEAPONS TRAINING (BUDOTAIJUTSU) & (KENJUTSU) SWORD, NAGINARTA, ROPE, CHAIN, ETC..

ACHIEVE AMAZING BALANCE AND CONFIDENCE BY WORKING WITH SOFT SWORD AND WOODEN STICKS SUCH AS BOKENS, BO, HAND-BO TECHNIQUES. BOOST YOUR INTERNAL ENERGY LEVELS WITH THIS STUDY.

MEN, WOMEN & CHILDREN EXPERIENCE THIS FUN SHARED LEARNING SOCIAL ENVIRONMENT FOR THEIR UNDERSTANDING OF THE MAGIC & SCIENCE OF THIS ANCIENT LEGENDARY SAMURAI & NINJA, LIVING ART.

ALLOW YOURSELF TO FIND YOUR MENTAL PEACE OF MIND, BODY & SPIRIT...  
EXPERIENCE THE ENERGY OF ... "POWER WITHOUT POWER" AS A PEACEFUL WARRIOR ...

ART OF BUJINKAN NINJUTSU... MUSHIN NO SHIN 無心の心



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**LICENSED SENSEI'S OF GRAND MASTER MASAOKI HATSUMI SOKE JAPAN**

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